



OLYMPIC SPRING CUP 2023

Interclub Figure Skating Competition for single skaters

Technical data

All ISU categories (Basic Novice, Intermediate Novice, Advanced Novice, Junior, Senior) will be judged in accordance with the latest ISU Rules and Communications.

A CLASS:

PRE-CHICKS A Girls and Boys (born 2016 and younger)

Free Program: 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:

- maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence.

Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

2. Max. two (2) spins of different nature.

3. One (1) Step sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

CHICKS A Girls and Boys (born 2014/2015)

Free Program: 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:

- at least one (1) Axel type jump

- maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence

Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

2. Maximum two (2) spins of different nature. Minimum four (4) revolutions.

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

CUBS A Girls and Boys (born 2012/2013)

Free Program: 2:30 min \pm 10 sec

1. Maximum four (4) jump elements:

- at least one (1) Axel type jump

- maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence

Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

2. Maximum two (2) spins of different nature.

- there must be one (1) spin combination with (minimum three (3) revolutions on each foot) or without change of foot (minimum six (6) revolutions in total). Flying entry is allowed.

- one spin with no change of position and with change of foot (minimum three (3) revolution on each foot) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NB! Additional information

1. Evaluation is in accordance with ISU Comm. **2474** and additions related to this document.

2. Any single or double jump (including 1A) may be executed only twice (2).

3. Time violation - 0.5 point deduction for up to every 5 seconds in excess.

4. Falls - 0.5 point deduction for every fall.

5. For every Interruption of: -more than 10 seconds up to 20 seconds: - 0.5 - more than 20 seconds up to 30 seconds: - 1.0 - more than 30 seconds up to 40 seconds: - 1.5

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program

6. In Free Skating there will NOT be a special 1.1 factor for the jump elements in the second half of the program.

7. Protests (ISU Constitution and General Regulations 2022, Rule 123).

Protests must be filed with the Referee in writing and within the stated time limit. At the same time the protest is filed 50 € must be deposited with the Referee.

8. Skaters are allowed to participate in a higher category if their skills meet the technical requirements of that category.

9. There may be up to 8 skaters in one warm-up group. Warm-up time: 4 minutes

Basic Novice Girls/Boys

In accordance with the latest ISU regulations and communications (ISU Communication 2489).

Intermediate Novice Girls/Boys

In accordance with the latest ISU regulations and communications (ISU Communication 2489).

Advanced Novice Girls/Boys

In accordance with the latest ISU regulations and communications (ISU Communication 2489).

Junior Women/Men, Senior Women/Men

In accordance with the latest ISU regulations and communications and their updates

(Special Regulations & Technical Rules 2022, ISU Communications 2474, 2475, TP Handbook Singles 2022-23)

B-CLASS

PRE-CHICKS B Girls and Boys (born 2016 and younger)

Free Program: 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:

- maximum two (2) jump combinations.
Jump combinations may consist of only two (2) jumps.
A jump sequence is not allowed.
1F, 1Lz and 1A are not allowed

2. Maximum two (2) spins of different nature.

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than Base . Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

CHICKS B Girls and Boys (born 2014/2015)

Free Program: 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:

- maximum two (2) jump combinations.
Jump combinations may consist of only two (2) jumps.
A jump sequence is not allowed.
1A and double (2) jumps are not allowed

2. Max. two (2) spins of different nature.

3. One (1) Step sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2 . Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

CUBS B Girls and Boys (born 2012/2013)

Free program: 2:30 min \pm 10 sec

1. Maximum four (4) jump elements:

- at least one (1) and maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence.

Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

Axel Paulsen and one (1) double jump are allowed no more than two (2) times.

2F and 2Lz - are not allowed

2. Maximum two (2) spins of different nature

- one (1) spin combination with (minimum three (3) revolutions on each foot) or without change of foot (minimum six (6) revolutions in total). Flying entry is allowed.

- one spin with no change of position and with change of foot (minimum three (3) revolution on each foot) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart")

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2 . Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

SPRINGS Girls and Boys (born 2010/2011)

1. Maximum four (4) jump elements:

- one of which must be Axel type jump
- At least one (1) and maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

Maximum 2 (two) different double jumps are allowed (2S, 2T or 2Lo).

2F, 2Lz, 2A and Triple jumps are not allowed.

Single jumps, Axel Paulsen and double jumps are allowed no more than two (2) times.

2. Max two (2) spins of different nature

- one (1) combination spin with min of eight 8 revolutions
- one (1) spin is optional with min. of four (4) revolutions

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2 . Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NB! Additional information

1. Evaluation is in accordance with ISU Comm. 2474 and additions related to this document.
2. Any single or double jump (including 1A) may be executed only twice (2).
3. Time violation - 0.5 point deduction for up to every 5 seconds in excess.

4. Falls - 0.5 point deduction

5. For every Interruption of: -more than 10 seconds up to 20 seconds: - 0.5 - more than 20 seconds up to 30 seconds: - 1.0 - more than 30 seconds up to 40 seconds: - 1.5

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program

6. In Free Skating there will NOT be a special 1.1 factor for the jump elements in the second half of the program.

7. Protests (ISU Constitution and General Regulations 2022, Rule 123).

Protests must be filed with the Referee in writing and within the stated time limit. At the same time the protest is filed 50 € must be deposited with the Referee.

8. Skaters are allowed to participate in a higher category if their skills meet the technical requirements of that category.
9. There may be up to 10 skaters in one warm-up group. Warm-up time: 4 minutes

NOVICE B Girls and Boys

Age requirements:

- has reached at least the age of ten (10) before July 1st preceding the event
- has not reached the age of fifteen (15) before July 1st preceding the event

Free program only: 3:00 min ± 10 sec

1. Maximum five (5) jump elements:
 - at least one (1) Axel type jump
 - at least one (1) and maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence.

Jump combinations and a jump sequence may consist of only two (2) jumps

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

Double jumps are allowed.

2A and triple jumps are not allowed.

Single and double jumps are allowed no more than two (2) times.

2. Maximum two (2) spins of different nature

- there must be one (1) spin combination with change of foot (minimum eight (8) revolutions in total) or without change of foot (minimum six (6) revolutions in total). Flying entry is allowed.
- one spin with no change of position with change of foot (minimum eight (8) revolutions in total) or without change of foot (minimum six (6) revolutions in total). Flying entry is allowed.

3. One (1) Step Sequence with fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factors for the Program Components are:

Boys 2.40; Girls 2.13

The level of spins and step sequences cannot be higher than 2.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NB! Additional information

1. Evaluation is in accordance with ISU Comm. **2474** and additions related to this document.

2. For every Interruption of: -more than 10 seconds up to 20 seconds: - 0.5 - more than 20 seconds up to 30 seconds: - 1.0 - more than 30 seconds up to 40 seconds: - 1.5

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program Falls - 0.5 point deduction for every fall

3. Time violation - 0.5 point deduction for up to every 5 seconds in excess.

4. There may be up to 8 skaters in one warm-up group. Warm-up time: 5 minutes

5. In the free program there will NOT be a higher coefficient for jumps on the second half of the program.

6. If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

JUNIOR B Girls and Boys (age same as Junior A)

Free program only: 3:00 min ± 10 sec

1. Maximum five (5) jump elements:

- at least one (1) Axel type jump
- maximum two (2) jump combinations or one (1) jump combination and one (1) jump sequence

Jump combinations and a jump sequence may consist of only two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

Double jumps are allowed.

2A and triple jumps are not allowed.

Single and double jumps are allowed no more than two (2) times.

2. Maximum three (3) spins of different nature:

- one spin combination with minimum of ten (10) revolutions

- one flying spin with minimum of six (6) revolutions
- one spin is optional with minimum of six (6) revolutions

3. One (1) Step Sequence fully utilizing the ice surface.

Components that are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factors for the Program Components are: Boys 2.40; Girls 2.13

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

NB! Additional information

1. Evaluation is in accordance with ISU Comm. 2474 and additions related to this document.
2. There may be up to 8 skaters in one warm-up group. Warm-up time: 5 minutes
3. In Free Skating there will NOT be a special 1.1 factor for the jump elements in the second half of the program.
4. If an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value. The jumps are considered in the order of execution.

Beginners

Pre-CHICKS C Girls and Boys (Born 2016 or later)

Free Skating 2 min. ±10 sec.

1. maximum four (4) jump elements:
 - maximum two (2) jump combinations.

Jump combinations can contain only two (2) jumps.

A jump sequence is not allowed.

Axel, Lutz, Flip and double (2) jumps are NOT allowed.

Waltz jump (A)- will get a value 0.20 and may be repeated twice.

2. maximum two (2) solo spins of a different nature (minimum of 3 revolutions each).
3. One (1) Step Sequence with 2/3 utilization of the ice surface.

CHICKS C Girls and Boys (Born 2014/2015)

Free Skating 2 min. \pm 10 sec.

1. maximum of four (4) jump elements:
 - maximum two (2) jump combinations
 - A jump combination can contain only two (2) jumps.
 - A jump sequence is not allowed;**
 - Axel, Lutz, Flip and double (2) jumps are NOT permitted.**
 - Waltz jump (A)- will get a value 0.20 and may be repeated twice.

2. maximum two (2) solo spins of a different nature (minimum of 3 revolutions each).
3. One (1) Step Sequence with 2/3 utilization of the ice surface.

Pre-Young Girls and Boys (born 2012 and younger)

Free program 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:
 - maximum two (2) jump combinations
 - A jump combination may consist of only two (2) jumps.

Jump sequences are not allowed.

Axel and double jumps are not allowed.

Any jump with the same name may be executed only twice.

2. maximum two (2) spins
3. One Step Sequence with 2/3 coverage of the ice (straight line, circle or serpentine).

Pre-Young Girls and Boys (born 2010/2011)

Free program 2:00 min \pm 10 sec

1. Maximum four (4) jump elements:
 - maximum two (2) jump combinations.

A jump combination may consist of only two (2) jumps.

Jump sequences are not allowed.

Axel and double jumps are not allowed.

Any jump with the same name may be executed only twice.

2. Maximum two (2) spins of different nature.
3. One Step Sequence with 2/3 coverage of the ice (straight line, circular or serpentine).

Young Girls and Boys (born 2008/2009)

Free program 2:30 min ± 10 sec

1. Maximum five (5) jump elements:

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence

Jump combinations and a jump sequence may consist of two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

- One (1) Axel and one (1) double jump are allowed.

- Any jump with the same name may be executed only twice.

2. Maximum two (2) spins of different nature (minimum four (4) revolutions).

3. One Step Sequence with 2/3 coverage of the ice (straight line, circular or serpentine).

Young Girls and Boys (born 2003-2007)

Free program 2:30 min ± 10 sec

1. Maximum five (5) jump elements:

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence

Jump combinations and a jump sequence may consist of two (2) jumps.

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive their full value.**

-One (1) Axel and one (1) double jump are allowed.

-Any jump with the same name may be executed only twice.

2. Maximum two (2) spins of different nature (minimum four (4) revolutions).

3. One Step Sequence with 2/3 coverage of the ice (straight line, circular or serpentine).

NB! Additional information

1. In all beginners categories the following Components are judged (Comm. 2489, "Program Components Chart"):

- Composition
- Presentation
- Skating skills

The factors for the Program Components are: Boys 2.0; Girls 1.7

2. The level of spins and step sequences cannot be higher than Level Base. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

3. Time violation - 0.5 point deduction for every 5 seconds in excess.

4. Falls - 0.5 point deduction for every fall.

5. Interruption: 10 to 20 seconds - 0,5 point deduction; 20 to 30 seconds - 1,0 point deduction; 30 to 40 seconds - 1,5 points deduction

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program

6. In Free Skating there will NOT be a special 1.1 factor for the jump elements in the second half of the program.